

***Spiritual Growth***

**Monday at 8am**

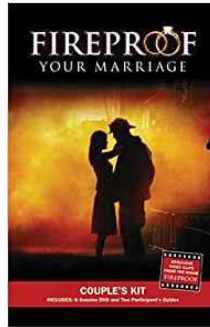
Balls Mills Church

Book: *Road Back to You*

(Enneagram), by Ian Morgan Cron

Led by: Allison Mertes

Grow in knowledge of yourself, compassion for others, and love for God.



***Couple's Growth***

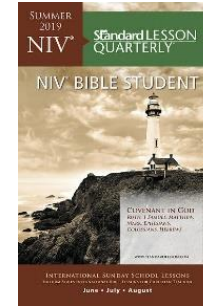
**Monday at 7pm**

Balls Mills Church

Book: *Fireproof Your Marriage*

Led by: Natalie Smith

Help build and strengthen marriage, using biblical principles.



***Women***

**Faithfuls Sunday School Class  
Sunday at 10:00am**

Balls Mills Church Education Wing  
(Choir room)

Book: *Standard Lessons Commentary*

Led by: Janice Stebbins

Learn to apply the Bible to daily life, with relevant examples and engaging discussion questions.



***Softball:  
Young  
Adults (and  
young at  
heart)***

**Tuesday and Thursdays, 6:30pm**

**2<sup>nd</sup> week of May thru beginning of July**

See schedule for dates and locations

Coordinator: Phil Sunderland

Join us for fun, activity, and the support of a great team!



***Spirituality  
and Health***

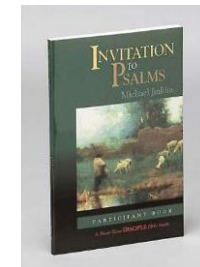
**Monday at 6pm**

Balls Mills Church

Subject: Healing Through Laughter

Led by: Janis Smith

Learn how spiritual practices can positively influence your health and well-being.



***The B-I-B-L-E***

**Wednesday at 6:30pm**

Balls Mills Church

Book: *Disciple: Invitation to Psalms*

Led by: Marie Lewis

Ideal experience for adults who are interested in the practice of prayer and worship and would like to connect prayer practice with Scripture.

## *Frequently Asked Questions ...*

### **Q: What is a Small Group?**

A: Small groups are 12 to 15 people who meet to explore together, grow in their faith journey, learn how the Bible can be a helpful map through life, and make new friends.

### **Q: What happens when I sign up?**

A: When you sign up, someone from the group will contact you with all the information you will need to begin a great experience.

### **When will we meet?**

A: Groups meet once each week, at the same location. The meeting time will be sixty to ninety minutes. Short-term commitment, but long-term impact.

### **Q: How do I sign up?**

A: Sign up on the clip board located on the “railing” in the Education Wing entrance, or on the website. Then get ready for a positive experience.

### **Q: Can I sign up for more than one group this summer?**

A: We ask that persons limit themselves to one group for the first two weeks of the sign up period. After 6/10, feel free to sign up for as many groups as you can reasonably commit to, without overextending. No worries! We will offer popular groups in future semesters.

## **Summer 2019 Schedule**

### **Sunday**

**10:00am Faithfuls Sunday School Class**

### **Monday**

**8am Road Back to You**

**6pm Healing Through Laughter**

**7pm Fireproof Your Marriage**

### **Tuesday**

**6:30pm Softball (see schedule)**

### **Wednesday**

**6:30pm Psalms Study**

### **Thursday**

**6:30pm Softball (see schedule)**

### **Friday**

### **Saturday**

**Balls Mills United Methodist Church**  
5941 Bloomingrove Road,  
Cogan Station, PA 17728  
Office 570-494-1614  
[ballsmillsumc@verizon.net](mailto:ballsmillsumc@verizon.net)

## **Sign up for a summer SMALL GROUP**

**at Balls Mills United Methodist Church**



## **What are small groups?**

- ***Groups consist of 12-15 people***
- ***Groups last 10 weeks  
June 10<sup>th</sup>-August 18<sup>th</sup>***
- ***Groups meet in convenient locations***
- ***Groups study the Bible and faith issues, make new friends and share life together!***

**6 groups  
available to  
choose from!**